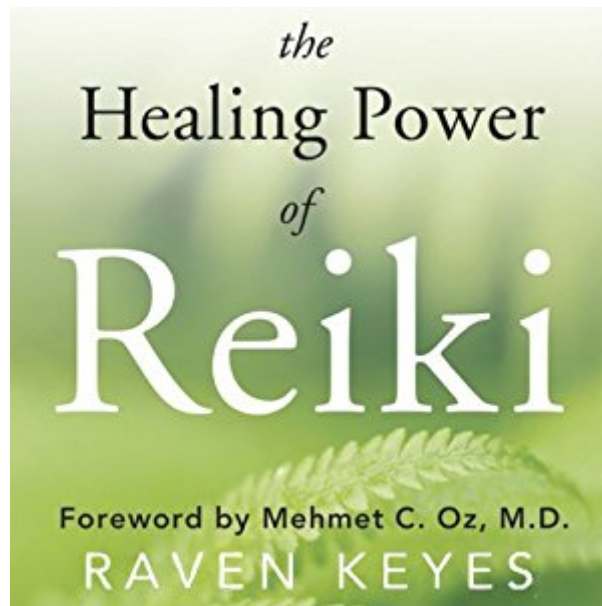


The book was found

The Healing Power Of Reiki: A Modern Master's Approach To Emotional, Spiritual & Physical Wellness



Synopsis

The ancient art of Reiki has the power to heal our minds, bodies, and spirits in ways few of us can imagine. The first Reiki Master to practice in an operating room under the supervision of Dr. Mehmet Oz, author Raven Keyes has brought Reiki to the defining events of our time. With engaging prose, Keyes tells moving stories of giving Reiki to rescue workers at Ground Zero, PTSD survivors, professional athletes, trauma patients, and those suffering from crippling emotional pain. Keyes offers inspirational experiences of connecting with angels and spirit guides, and shares the joys and pains of working with patients, their loved ones, and their communities. Through stories and meditations, readers are filled with hope and a sense of good will. Helpful exercises and meditations are included to invite healing and provide the opportunity to engage with Reiki energy more deeply.

Book Information

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Customer Reviews

"The Healing Power of Reiki" has little to do with learning Reiki. Instead, it is more of a collection of anecdotal stories compiled by Reiki practitioner, Raven Keyes. According to Raven, Reiki is intelligent energy, which automatically goes to where it is needed. That's interesting because I have been doing a lot of study on a scientific look at the healing power of prayer. While I really thought there was little to no scientific proof of healing by prayer, as it turns out, there are numerous real studies on the subject. Just check out books like, "Healing Words: The Power of Prayer and the Practice of Medicine," by Dr. Larry Dossey. In a related article on prayer and distance healing in the magazine "What Doctors Don't Tell You," Bryan Hubbard and Lynne McTaggart noted, "Among the most rigorously scientific (those with double-blind trials), the average effect size, or size of change

among those treated, was 0.4 -- about 10 times better than the effect of either aspirin or propranolol, two drugs considered highly successful in preventing heart attacks."Keep in mind that a "double-blind trial" is one in which neither the tester or the subject knows if they are actually giving or receiving treatment. In this scenario, it is impossible to have been a placebo or nocebo effect, observer bias, or even plain old deception. As Dr. Dossey points out, as well, prayer very rarely takes places like this in the real world. The results of being 10 times better than aspirin or propranolol were obtained in ways that rarely happen in the real world. Of course, the studies wouldn't be double-blind if they were performed like they were in the real world, either.

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